



Rapid City—Pennington County Emergency Management  
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Office: 605-394-2185 Fax: 605-394-2180  
[rcpcem.com](http://rcpcem.com)

## FOR IMMEDIATE RELEASE

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### **FREE H1N1 VACCINATION CLINIC**

Effective December 14, **all South Dakotans are eligible to receive the H1N1 vaccine.** H1N1 vaccination is completely voluntary.

A free H1N1 Influenza shot clinic is being provided by the South Dakota Department of Health and the Pennington County Emergency Management on...

**Thursday, January 14,  
2:00pm to 6:30pm  
at the Rapid City Civic Center**

Those interested in receiving H1N1 vaccinations at this clinic may download forms and additional information at Pennington County Emergency Management's website at [www.rcpcem.com](http://www.rcpcem.com) or **call 394-2185.**

Children 6 months through 9 years of age should receive two doses of vaccine separated by a minimum of 21 days. Children who only get one dose of vaccine when they need two doses may have reduced or no protection. In adults, only one dose is needed for protection.

H1N1(A) influenza spreads person-to-person in much the same way as seasonal influenza viruses. People can prevent H1N1 influenza by practicing common sense hygiene -- wash your hands often, cough and sneeze into a tissue or your elbow, and stay home when ill to avoid infecting others.

#### **VOLUNTEERS NEEDED:**

Volunteers are needed to assist at clinic, both medical and non-medical. Please email [pcmrc@co.pennington.sd.us](mailto:pcmrc@co.pennington.sd.us) with your contact information if you would like to volunteer or call 394-2185.

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